

The following rules will apply to Rookie League Player Pitch and Coach Pitch innings.

Rookie League players will pitch the first two innings of each game.

Each game will consist of 10 fielders. 6 in the infield (including pitcher and catcher) and 4 in the outfield. Each team will be allowed 3 outs per inning.

- 1- Any ball thrown toward the plate, excluding warm up pitches, will count as a pitch.
- 2- The pitcher is allowed 5 warm up pitches. These do not count toward their pitch count total.
- 3- Pitcher will pitch from the secondary rubber at a distance of 38'.
- 4- A Coach from the Offensive team will call balls and strikes from either behind the plate or from the mound behind the pitcher.
- 5- Pitcher will pitch until one of the following occurs:
 - a. 4 balls have been called (if pitchers are struggling to throw strikes or if it is in the best interest of the batter, coaches can agree to move to coach pitch at any time during the at bat).
 - b. Batter has gained 3 strikes from a player plus one additional pitch from a coach.
 - c. Batter has been hit by a pitch
 - d. Ball has been put in play
- 6- After 4 player pitch balls have been called or the coach has moved to coach pitch, the offensive coach will pitch to finish the at bat with a maximum of 3 additional pitches (the batter carries their strikes from kid pitch). After the second pitch the batter should be warned that the third pitch will be the final pitch. If the ball is not put in play the batter is out. An at bat may not end on a foul ball. If a player hits a foul ball on their final pitch, they will receive an additional pitch from the coach. The pitcher will remain on the field stationed next to the coach to field the pitcher's position.
- 7- If a batter has been hit by a pitch during Player Pitch innings they may choose to advance to 1st base. If the batter chooses not to advance to 1st base the offensive coach will pitch to finish the at bat as described in the 4th ball rule stated above (Player Pitch #5). If bases are loaded and the batter chooses to advance to 1st base the player at 3rd base will advance to home but it will not count as a run scored.
- 8- Any pitcher that hits 3 batters in one inning must be removed from pitching.
- 9- Once a pitcher is removed from pitching they may not pitch again in that game.
- 10- No walks will be issued during Player Pitch innings.
- 11- Any pitch thrown in an inning will be considered an inning pitched.
- 12- A pitcher that throws from 1 to 20 pitches in one game will not be required a rest day.

13- A pitcher that throws from 21 to 35 pitches in one game will be required one rest day.

14- No player pitcher may throw more than 35 pitches in one game. If additional pitches are required to finish an at bat the offensive coach will pitch to finish the at bat as described in the 4th ball rule stated above (Player Pitch#5).

15- Coaches will pitch the remainder of each game beginning with the 3rd inning. The following rules will apply to Coach Pitch innings or any coach pitch assists taking place in the first two innings:

1. The offensive coach, or an assistant coach, will pitch to their own players from either rubber (46' or 38', coaches may decrease this distance for players that need extra help. NOTE: We are trying to grow kids of all skill levels. It is better to be at 46' or 38', coaches should only move closer in extreme cases).
2. An at bat will consist of a maximum of 5 pitches. During the first two innings a coach pitch assist will adhere to the maximum 3 pitch rule stated above (Player Pitch #5).
3. After the 4th pitch the batter should be warned that the 5th pitch will be the final pitch. If the ball is not put in play the batter is out. An at bat may not end on a foul ball.
4. A defensive player must be stationed next to the coach to field the pitcher's position.
5. The coach is considered part of the field. In the event the coach is hit by a batted ball the ball is considered fair and in play.
6. No walks or hit batter advancement will take place during coach pitch
7. During Coach Pitch, only swings can count as strikes by either the batter missing or hitting the ball foul. An at bat may not end on a foul ball.
8. The Coach Pitcher must do their best to stay out of play once a ball is hit fair. It is recommended that the coach take a knee after a fair hit ball.
9. Coach Pitchers may not coach from the mound. This is not batting practice, adjusting batters distance from the plate is ok. Along with comments such as elbow up, hand back. Again this is not batting practice, but we want the kids to succeed.